

LAUREN S. GROSSMAN, MD, SM

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Current  
Positions

Medical Director, 2017-present  
UCHealth Integrative Medicine Center  
Denver, Colorado

Attending Physician, 2014-present  
Medical Director 2015-18  
UCHealth ER  
Denver, Colorado

Assistant Professor, 2016-present  
Departments of Emergency Medicine and General Internal  
Medicine

Education

MD, Icahn School of Medicine at Mount Sinai, 1986-90  
New York, New York  
Research Fellowship, Department of Genetics  
Clinical Fellowship, Hebrew University Medical School  
Jerusalem, Israel

SM, Health Policy and Management, 1980-82  
Harvard T.H. Chan School of Public Health  
Boston, Massachusetts

BS, Finance, 1974-78  
University of Colorado Leeds School of Business  
Boulder, Colorado

Internship

General Surgery, 1990-91  
Mount Sinai Hospital  
New York, New York

Residency	Neurosurgery, 1991-92 Mount Sinai Hospital New York, New York
Residency	Emergency Medicine, 1993-96 John H. Stroger Jr. Hospital of Cook County Chicago, Illinois
Fellowship	Integrative Medicine, 2013-15 University of Arizona Center for Integrative Medicine Tucson, Arizona
Additional Training	Institute for Functional Medicine Certification training in progress, 2019-present
	Participant, 2014 and 2017 Michael Porter's Intensive Seminar in Value Based Health Care Harvard Business School Cambridge, Massachusetts
	Participant, 2013, 2014, 2016 and 2018 Healthy Kitchens, Healthy Lives Harvard T.H. Chan School of Public Health and The Culinary Institute of America St. Helena, California
	Teacher Training, 2015 The Center for Mind Body Medicine Georgetown University Washington, D.C.
Academic Appointments	Assistant Professor General Internal Medicine, 2016-present Emergency Medicine, 2003-05 and 2018-present University of Colorado School of Medicine

Assistant Professor  
Emergency Medicine, 2009-10  
The George Washington School of Medicine and Health  
Washington, D.C.

Assistant Professor  
Emergency Medicine, 1996-04  
John H. Stroger, Jr Hospital of Cook County  
Rush Medical College, Rush University  
Chicago, Illinois

Previous  
Positions

Medical Director and Chair, 2011-13  
Medical Staff, 2011-14  
Department of Emergency Medicine  
North Colorado Medical Center  
Greeley, Colorado

Attending Physician, 2008-11  
Emergency Medicine:

Denver Health Medical Center  
Denver, Colorado

Memorial Hospital of Sweetwater County  
Rock Springs, Wyoming

Yampa Valley Medical Center  
Steamboat Springs, Colorado

Attending Physician, 2005-08  
Emergency Medicine  
Swedish Hospital Medical Center  
Englewood, Colorado

Core Faculty, 2003-05  
Division of Emergency Medicine  
University of Colorado School of Medicine  
Aurora, Colorado

Core Faculty, 1996-04  
Department of Emergency Medicine  
John H. Stroger Jr. Hospital of Cook County  
Rush University School of Medicine  
Chicago, Illinois

Associate Program Director, 1984-86  
The Commonwealth Fund  
New York, New York  
Responsible for the development, implementation and management of \$9 million multi-site national grant program to deliver comprehensive medical and social services to keep older individuals living at home.

Administrative Resident, 1982-83  
Beth Israel Deaconess Medical Center  
Boston, Massachusetts  
Member of senior management team, reporting to the President and CEO. Conducted process improvement projects including those of the operating rooms, laboratories and ambulatory surgery programs. Designed and implemented a new scheduling system for the Department of Surgery.

Consultant, Arthur D. Little, Inc., Health Division, 1981-83  
Cambridge, Massachusetts  
Evaluated a federal demonstration project designed to reorganize six health care institutions in Brooklyn. Assessed the feasibility of mergers between several hospitals in New England. Developed a marketing plan for a large Visiting Nurse Association in the Midwest.

	<p>Commodities Broker, 1978-79 Merrill Lynch Hollywood, California</p>
Part-time Positions	<p>Urgent Care, 2017-present The Palo Alto Medical Foundation Palo Alto, California</p> <p>Emergency Medicine, 2004-present Martha's Vineyard Hospital Oak Bluffs, Massachusetts</p> <p>Emergency Medicine, 2013-18 Nantucket Cottage Hospital Nantucket, Massachusetts</p>
Additional Experience	<p>Healthy Kids/Brighter Future Lusaka, Zambia, January 2017 Health screening and treatment for school age children and physician in several rural clinics</p>
Honors	<p>Attending of the Year, 2001-02 Department of Emergency Medicine John H. Stroger Jr. Hospital of Cook County Chicago, Illinois</p> <p>Outstanding Clinical Teacher, 1999-00 Chicago Medical School at Rosalind Franklin University North Chicago, Illinois</p>
Professional Organizations/Committees	<p>Integrative Oncology Working Group, 2020-present Curriculum Reform Committee, U of Colorado SOM, 2018-present Co-chair, CAMPUS Research Group (Complementary and Alternative Medicine: Practitioners United with Scientists), 2018-present Resilience Committee, 2016-19</p>



St. Joseph's Hospital Family Practice Residency Program, 2017  
CU School of Physical Therapy, 2017-18  
CU Physician Assistant Program, 2017-18

#### Mentoring

Preceptor, Mentored Scholarly Activity  
CU SOM, 2017-present

Preceptor, Mentored Scholarly Activity  
Colorado School of Public Health, 2018-19

Preceptor, Integrated Health Program  
Metropolitan State University Denver, 2019-present

#### Teaching

Course Director, U. of Colorado SOM:  
Integrative Medicine (1<sup>st</sup>/2<sup>nd</sup> year) 2016-present  
Integrative Medicine (3<sup>rd</sup>/4<sup>th</sup> year), 2017-present

Clinical Preceptor, Integrative Medicine, 2016-present  
UCHealth Integrative Medicine Center  
Rotating trainees: Internal Medicine, Family  
Medicine and Preventive Medicine residents, PA Students,  
Palliative Care and Headache fellows

Resident Research Director, Emergency Medicine, John H.  
Stroger Jr Hospital of Cook County, 2001-03  
MS3 Clerkship Director, Emergency Medicine, John H. Stroger  
Jr. Hospital of Cook County, 1997-00

#### Publications

Grossman, L, *PRO/CON Should A Coronavirus Vaccine Be  
Mandatory*, in CQ Researcher, The Public Health System: Can It  
Handle Pandemics and Other Medical Challenges, by Alan  
Greenblatt, CQ Press, 11/20/20  
<http://library.cqpress.com/cqresearcher/document.php?action=print&id=cqresrre2020112000>

Grossman L, First Opinion, STAT News: *COVID-19 Vaccine: All Patients Should Get It*, 5/12/2020

<https://www.statnews.com/2020/05/12/covid-19-vaccine-all-americans-should-get-it/>

Mosca, M, Grossman, L, Pre-Health Professional Perceptions: *Should a Formal Stress Relief Program Be Implemented in the Workplace*, The Journal of ExtraCorporeal Technology, Accepted September 13, 2019

Grossman, L, et al, Chapter 35, *Integrative Medicine in Chronic Pain and Palliative Care*, *The Handbook of Palliative Medicine*, 3<sup>rd</sup> Edition of the Handbook of Pain and Palliative Care, 2018.

Grossman, L. *Thoracic and Respiratory Emergencies* in Blok, et al., *First Aid for the Emergency Medicine Boards* McGraw-Hill, 1<sup>st</sup> edition, 2008

Grossman L, Wolfe, R. *Transient Global Amnesia* in Schaidler J, Ed. Harwood-Nuss, *The Clinical Practice of Emergency Medicine*, 4<sup>th</sup> edition, 2005

Grossman L. *Bell's palsy and Trigeminal Neuralgia* in Schaidler J, Ed. Harwood-Nuss, *The Clinical Practice of Emergency Medicine*; 4<sup>th</sup> edition, 2005

Grossman L. *Ventricular Shunts* in Reichman EF, Simon RR *Emergency Medicine Procedures*. McGraw-Hill; 2004

Grossman L. *Ventriculostomy* in Reichman EF, Simon RR *Emergency Medicine Procedures*. McGraw-Hill; 2000

Grossman L. *Renal Failure* in Schaidler J, Hayden S, Eds. *The Five Minute Emergency Medicine Consult*.

Philadelphia, PA: Williams and Wilkins; 1998, 2<sup>nd</sup> edition 2002



Grace M, Berg A, Guo-shun H, Goldberg L, Horowitz M, Grabowski G; *Gaucher Disease: Heterologous Expression of Two Alleles Associated with Neuronopathic Phenotypes*. American Journal of Human Genetics, 49:1991

## Abstracts

Abrams D, Carroll J, DAdamo C, Grossman L, Dusek J, *Impact of Integrative Medicine in Patients with Cancer in the BraveNet Collaborative: Results from PRIMIER*, selected for oral presentation at the International Congress on Integrative Medicine and Health, April 2020

Finn L, Carroll J, Callen E, Anderson, E, Grossman L, et al, *An Updated Pilot of the Mindful Eating Healthy Nutrition Intervention to Determine Feasibility and Patient Outcomes*, NAPCRG, 47<sup>th</sup> Annual Meeting, November 17, 2019

Grossman, L, Sule H, Tanaka M. *The Public Hospital Emergency Department's Role in the Health Safety Net*. Society for Academic Emergency Medicine, 2002

Grossman L, Hodge C, Waddell R. *Primary Care and Prevention in the ED*. Poster presentation, Society for Academic Emergency Medicine, 2001

Grossman L, Owens J, Belmont D. *Is There a Standard of Care for Low Risk Stroke and TIA?* Poster Presentation, American College of Emergency Physicians, 2001

Grace M, Goldberg LS, Berg A, Grabowski GA. *Gaucher Disease: Disruption of the Enzymatic Pathology by Site-Directed Mutagenesis and Expression of Acid B-Glucosidase cDNAs*, Proceedings of the American Society of Human Genetics, June 1989

Rosenthal LE, Goldberg LS, Shau YF. *Fat in the Distal Ileum Slows Intestinal Transit Time*. Clinical Research, Vol. 32, No. 3, 1984